



5. If granted an extension of time to file an appeal, the grounds of my appeal will be as follows:

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6. Pursuant to the Criminal Appeal rules of the Rules of the Supreme Court of Newfoundland and Labrador, Trial Division, I hereby seek:

(a) an order extending the time for filing of my appeal

(b) \_\_\_\_\_  
\_\_\_\_\_

**DATED** at \_\_\_\_\_ Newfoundland and Labrador, this \_\_\_\_\_ day of \_\_\_\_\_ 20 .

\_\_\_\_\_  
Signature

Address for service:

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**ISSUED** \_\_\_\_\_, Newfoundland and Labrador, this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_.

\_\_\_\_\_  
Court Officer



